

Substance Use Providers

Outpatient Substance Use Providers

Allegany Co. Health Department Behavioral Health (All Ages)

Translation Services, Deaf Interpretation

12503 Willowbrook Road, SE

Cumberland, MD 21501

Phone: 301-759-5050

Alternative Drug & Alcohol Counseling (ADAC) (Ages 12+)

Outpatient and Intensive Outpatient Services

217 Glenn Street, Suite 400, Cumberland, MD 21502

Phone: 301-729-0340

Cumberland Comprehensive Treatment Center (Adults)

Outpatient Services

14701 National Hwy, LaVale, MD 21502

Phone: 301-687-0940

Ideal Option (Ages 15+)

Outpatient Services

519 N. Centre Street, Cumberland, MD 21502

Phone: 877-522-1275

Outreach Recovery (Adults)

134 Baltimore Street, Cumberland, MD 21502

Phone: 240-329-2535

UPMC-Western Maryland Behavioral Health Program (Adults)

Translation Services, Deaf Interpretation

12502 Willowbrook Rd, Cumberland, MD 21502

Phone: 240-964-8585

Western Maryland Recovery Services (Adults)

Outpatient Services

11604 Bedford Rd, Cumberland, MD 21502

Phone: 301-724-1144

Zimela Wellness Center (Ages 14+)

758 Greene Street, Cumberland, MD 21502

Phone: 240-362-7077

Residential Substance Use Providers

ACHD Massie Unit (Adults) (Residential Treatment)

Phone: 301-777-2285

UPMC-Western Maryland Behavioral Health Unit

Translation Services, Deaf Interpretation

Phone: 240-964-1399

Halfway House

Allegany House

Translation Services, Deaf Interpretation

Phone: 301-777-2497

Other:

Alcoholics Anonymous & Al-Anon 301-722-6110

Narcotics Anonymous 800-777-1515

Boys Town National Hotline: 800-448-3000

Allegany County

Local Behavioral Health Authority

A Division of the Allegany County Health Department

PO Box 1745

12501 Willowbrook Road, SE

Cumberland, MD 21501-1745

Telephone: 301-759-5070 Fax: 301-777-5621

Email: achd.bhso@maryland.gov

Website: www.alleganymhm.org

Facebook: Mental Health Matters Allegany

Other Resources:

Community Resource Guide:

<http://www.Path2Help.com>

Other Websites with Behavioral Health Info:

BeforeItsTooLate.Maryland.gov

PrescribeChangeAllegany.org

StartYourRecovery.org

Allegany County Health Department Non-Discrimination Statement

The Allegany County Health Department complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, or disability in its health programs and activities.

English - Help is available in your language: 1-866-909-9629 (TTY: 1-800-735-2258). These services are available for free.

Español/Spanish—Hay ayuda disponible en su idioma: 1-866-909-9629 (TTY: 1-800-735-2258). Estos servicios están disponibles gratis.

中文/Chinese—用您的语言为您提供帮助: 1-866-909-9629 (TTY: 1-800-735-2258)。 这些服务都是免费的

Allegany County Maryland



Behavioral Health Resources

UPMC-Western Maryland

Crisis Line

240-964-1399

Suicide & Crisis Lifeline

Call or Text 988

or

Chat with the 988 Suicide & Crisis

Lifeline at 988lifeline.org

Mental Health Services

Outpatient Mental Health Clinics (All Ages)

Allegheny Co. Health Department Behavioral Health Translation Services, Deaf Interpretation
12503 Willowbrook Road, SE, Cumberland, MD 21501
Phone: 301-759-5280

Brook Lane Outpatient
1050 W. Industrial Blvd., Suite 18, Cumberland, MD 21502
Phone: 301-733-0331 X7100

Committed to Change (Ages 6+)
200 Glenn Street, Suite 302, Cumberland, MD 21502
Phone: 240-580-1919

Villa Maria of Mountain Maryland (All Ages)
308 Virginia Avenue, Cumberland, MD 21502
Phone: 667-600-2110

UPMC-Western Maryland Behavioral Health Program (Adults)
Translation Services, Deaf Interpretation
12502 Willowbrook Road, Cumberland, MD 21502
Phone: 240-964-8585

Residential Crisis Services (Adults)

The Compass Center
418 Warwick Avenue, Cumberland, MD 21502
Phone: 301-722-2018

UPMC-Western Maryland Center for Hope and Healing
Translation Services, Deaf Interpretation
10700 Leslie Lane, Cumberland, MD 21502
Phone: 240-362-7588

Psychiatric Rehabilitation Programs

Archway Station, Inc. (All Ages)
Translation Services Available
45 Queen Street, Cumberland, MD 21502
Phone: 301-777-1700

ASI Health, Inc. (Adults)
217 Glenn Street, Suite 400, Cumberland, MD 21502
Phone: 240-362-7689

Committed to Change (Ages 6+)
200 Glenn Street, Suite 301, Cumberland, MD 21502
Phone: 240-580-1919

MD Wellness (All Ages)
519 N. Mechanic Street, Cumberland, MD 21502
Phone: 301-777-9600

Villa Maria of Mountain Maryland (All Ages)
308 Virginia Avenue, Cumberland, MD 21502
Phone: 667-600-2110

Other Outpatient Providers

Group Providers

Covenant Counseling (Ages 5+)
907 Seton Drive, Cumberland, MD 21502
Phone: 301-777-0633

Maryland Wellness (All Ages)
519 N. Mechanic Street, Cumberland, MD 21502
Phone: 301-777-9600

Outreach Recovery (Adults)
134 Baltimore Street, Cumberland, MD 21502
Phone: 240-329-2535

Potomac Behavioral and Occupational Therapy (All Ages)
249 Henderson Avenue, Cumberland, MD 21502
Phone: 240-362-7444

WVU Medicine LaVale Medical Center (ages 9+)
Andrea Opel, LCSW-C
922 National Highway, LaVale, MD 21502
Phone: 240-362-7294

Zimela Wellness Center (ages 14+)
758 Greene Street, Cumberland, MD 21502
Phone: 240-362-7077

Individual Providers

Allegheny Counseling and Consulting Services (Ages 5+)
(Also DUI classes)
36 Greene Street Suite 101, Cumberland, MD 21502
Phone: 301-724-1697

Davis Dayhoff (All Ages)
7 Market Street, Cumberland, MD 21502-2214
Phone: 301-759-3360

Monarch Counseling, LLC (All Ages)
Registered play therapist/Certified trauma therapist
6 Fayette Street, Cumberland, MD 21502
Phone: 301-268-1699

Steven Hartsock, PhD (all ages)
81 Baltimore Street, Cumberland, MD 21502
Phone: 301-777-9005

Seth Ramer, LCSW-C (Ages 5+)
French/German
1100 Industrial Boulevard, Cumberland, MD 21502
Phone: 301-895-3117

Donna Rice Counseling (Adults)
(Also DUI Education)
118 Valley Street
Cumberland, MD 21502
Phone: 301-722-5500

Debra Schaaf Ph.D. (Adults)
7 Washington Street
Cumberland, MD 21502
Phone: 301-724-5544

Mental Health Case Management

Potomac Community Services (Children and Adults)
Translation Services Available
29 Baltimore Street, Cumberland, MD 21502
Phone: 301-791-3087 X218

Wellness and Recovery Center

Hope Station, Inc. (Adults)
632 N. Centre Street, Cumberland, MD 21502
Phone: 240-362-7168

For more information about mental health or to attend a Mental Health First Aid Course near you, contact the Allegheny County Local Behavioral Health Authority.

