

Substance Use Providers

Outpatient Substance Use Providers

Allegany Co. Health Department Behavioral Health (All Ages)

Translation Services, Deaf Interpretation
12503 Willowbrook Road, SE
Cumberland, MD 21501
Phone: 301-759-5050

Alternative Drug & Alcohol Counseling (ADAC) (All Ages)

217 Glenn Street, Suite 400, Cumberland, MD 21502
Phone: 301-729-0340

Mary Cannon (Adults)

72 Greene Street, Cumberland, MD 21502
Phone: 410-800-4466

Cumberland Comprehensive Treatment Center (Adults)

14701 National Hwy, LaVale, MD 21502
Phone: 301-687-0940

Ideal Option (Adults)

47 Virginia Avenue, Cumberland, MD 21502
Phone: 877-522-1275

Maryland Wellness

519 N. Mechanic Street, Cumberland, MD 21502
240-362-7439

UPMC-Western Maryland Behavioral Health Program (Adults)

Translation Services, Deaf Interpretation
12502 Willowbrook Rd, Cumberland, MD 21502
Phone: 240-964-8585

Western Maryland Recovery Services (Adults)

11604 Bedford Rd, Cumberland, MD 21502
Phone: 301-724-1144

Zimela Wellness Center (Adults)

11602 Bedford Road, Cumberland, MD 21502
Phone: 240-362-7077

Residential Substance Use Providers

ACHD Massie Unit (Adults) (Residential Treatment)

Phone: 301-777-2285

UPMC-Western Maryland Behavioral Health Unit

Translation Services, Deaf Interpretation
Phone: 240-964-1399

Halfway House

Allegany House
Translation Services, Deaf Interpretation
301-777-2497

Other:

Alcoholics Anonymous & Al-Anon 301-722-6110
Narcotics Anonymous 800-777-1515
Boys Town National Hotline: 800-448-3000

Allegany County
Local Behavioral Health Authority
A Division of the Allegany County Health Department
PO Box 1745
12501 Willowbrook Road, SE
Cumberland, MD 21501-1745

Telephone: 301-759-5070 Fax: 301-777-5621

Email: achd.bhso@maryland.gov

Website: www.alleganyhnm.org

Facebook: Mental Health Matters Allegany

Other Resources:

Community Resource Guide:
<http://www.Path2Help.com>

Other Websites with Behavioral Health Info:

BeforeItsTooLate.Maryland.gov
PrescribeChangeAllegany.org
StartYourRecovery.org

Allegany County Health Department Non-Discrimination Statement

The Allegany County Health Department complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, or disability in its health programs and activities.

English - Help is available in your language: 1-866-909-9629 (TTY: 1-800-735-2258). These services are available for free.

Español/Spanish—Hay ayuda disponible en su idioma: 1-866-909-9629 (TTY: 1-800-735-2258). Estos servicios están disponibles gratis.

中文/Chinese—用您的语言为您提供帮助: 1-866-909-9629 (TTY: 1-800-735-2258)。 这些服务都是免费的

Allegany County Maryland



Behavioral Health Resources

UPMC-Western Maryland

Crisis Line

240-964-1399

Maryland Crisis Connect

Telephone: Dial 211, press 1 or

800-422-0009

Text your zip code to 898-211

Chat at MDCrisisConnect.org

211MD.org

National Suicide Prevention Lifeline

1-800-273-TALK

Mental Health Services

Outpatient Mental Health Clinics (All Ages)

Allegheny Co. Health Department Behavioral Health Translation Services, Deaf Interpretation
12503 Willowbrook Road, SE, Cumberland, MD 21501
Phone: 301-759-5280

Committed to Change (All Ages)
200 Glenn Street, Suite 301, Cumberland, MD 21502
Phone: 240-580-1919

Pressley Ridge of Western MD (All Ages)
Bilingual & Deaf Interpretation through other sites
327 Beall Street, Cumberland, MD 21502
Phone: 301-724-8413

Villa Maria of Mountain Maryland (All Ages)
308 Virginia Avenue, Cumberland, MD 21502
Phone: 667-600-2110

UPMC-Western Maryland Behavioral Health Program (Adults)
Translation Services, Deaf Interpretation
12502 Willowbrook Road, Cumberland, MD 21502
Phone: 240-964-8585

Inpatient/Residential Crisis Services (Adults)
UPMC-Western Maryland Center for Hope and Healing
Translation Services, Deaf Interpretation
10700 Leslie Lane, Cumberland, MD 21502
240-362-7588

Compass House Residential Crisis Services (Adults)
Deaf Interpretation
418 Warwick Ave. Cumberland, MD 21502
Phone: 240-362-7082

Psychiatric Rehabilitation Programs
Archway Station, Inc. (All Ages)
Translation Services Available
45 Queen Street, Cumberland, MD 21502
Phone: 301-777-1700

ASI Health, Inc. (Adults)
217 Glenn Street, Suite. 400, Cumberland, MD 21502
Phone: 240-362-7689

BACHS Healthcare (All Ages)
517 Oldtown Road Cumberland, MD 21502
Phone: 301-777-9600

Committed to Change (All Ages)
200 Glenn Street, Suite 301, Cumberland, MD 21502
Phone: 240-580-1919

Villa Maria of Mountain Maryland (All Ages)
308 Virginia Avenue, Cumberland, MD 21502
Phone: 667-600-2110

Other Outpatient Providers

Group Providers

Allegheny Behavioral Associates (All Ages)
11602 Bedford Road, Cumberland, MD 21502
Phone: 240-362-7077

Maryland Wellness
519 N. Mechanic Street, Cumberland, MD 21502
Phone: 240-362-7439

Chapman and Associates (All Ages)
922 National Highway, LaVale, MD 21502
Phone: 240-362-7294

Covenant Counseling (All Ages)
907 Seton Drive, Cumberland, MD 21502
Phone: 301-777-0633

Lewis Center (Adults)
111 S. George Street, Cumberland, MD 21502
Phone: 301-759-2813

Potomac Behavioral and Occupational Therapy (All Ages)
249 Henderson Avenue, Cumberland, MD 21502
Phone: 240-362-7444

Individual Providers

Allegheny Counseling and Consulting Services (All Ages)
36 Greene Street Suite 101, Cumberland, MD 21502
Phone: 301-724-1697

Davis Dayhoff (All Ages)
7 Market Street, Cumberland, MD 21502-2214
Phone: 301-759-3360

Bruce Liller, LCPC (All Ages)
153 N. Baltimore Street, Third Floor, Suite 1, Cumberland, MD 21502
Phone: 301-759-2852

Robert Lynn, M.D. (All Ages)
134 Baltimore Street, Cumberland, MD 21502
Phone: 301-777-0620

Helen Miller, LCPC (All Ages)
153 N. Baltimore Street
Third Floor, Suite 1, Cumberland, MD 21502
Phone: 301-724-4081

James E. Miller, Ph.D. (All Ages)
153 N. Baltimore Street
Third Floor, Suite 1, Cumberland, MD 21502
Phone: 301-724-4081

Monarch Counseling, LLC (All Ages)
Registered play therapist/Certified trauma therapist
6 Fayette Street, Cumberland, MD 21502
Phone: 301-268-1699

Seth Ramer, LCSW-C (All Ages)
French/German
1100 Industrial Boulevard, Cumberland, MD 21502
Phone: 301-895-3117

Donna Rice Counseling
650 N. Mechanic Street
Cumberland, MD 21502
Phone: 301-722-5500

Debra Schaaf Ph.D. (All Ages)
7 Washington Street, Suite 2
Cumberland, MD 21502
Phone: 301-724-5544

Mental Health Case Management

Potomac Case Management Services, Inc. (PCMS) (Children and Adults)
Translation Services Available
29 Baltimore Street, Cumberland, MD 21502
Phone: 301-791-3087 X218

Wellness and Recovery Center

Hope Station, Inc. (Adults)
632 N. Centre Street, Cumberland, MD 21502
Phone: 240-362-7168

Supported Employment

Positive Transitions (Adults)
31 Baltimore St, Cumberland, MD 21502
Phone: 240-580-4565

Sheppard Pratt (Adults)
121 Memorial Avenue, Cumberland, MD 21502
Phone: 240-520-2078



Mental Health First Aid Courses

For more information about mental health or to attend a Mental Health First Aid Course near you, contact the Allegheny County Local Behavioral Health Authority.

