

## Substance Use Providers

### Outpatient Substance Use Providers

**Allegany Co. Health Department Behavioral Health (All Ages)**

**Translation Services, Deaf Interpretation**

12503 Willowbrook Road, SE

Cumberland, MD 21501

Phone: 301-759-5050

**Alternative Drug & Alcohol Counseling (ADAC) (All Ages)**

11 S. Lee Street, Cumberland, MD 21502

Phone: 301-729-0340

**BACHS Healthcare (All Ages)**

517 E. Oldtown Road, Cumberland, MD 21502

Phone: 301-777-9600

**Mary Cannon (Adults)**

72 Greene Street, Cumberland, MD 21502

Phone: 301-331-0000

**Cumberland Comprehensive Treatment Center (Adults)**

14701 National Hwy, LaVale, MD 21502

Phone: 301-687-0940

**Ideal Option (Adults)**

47 Virginia Avenue, Cumberland, MD 21502

Phone: 877-522-1275

**WMHS Behavioral Health Program (Adults)**

**Translation Services, Deaf Interpretation**

12502 Willowbrook Rd, Cumberland, MD 21502

Phone: 240-964-8585

**Western Maryland Recovery Services (Adults)**

11604 Bedford Rd, Cumberland, MD 21502

Phone: 301-724-1144

**Zimela Wellness Center (Adults)**

11602 Bedford Road, Cumberland, MD 21502

Phone: 240-362-7077

### Residential Substance Use Providers

**AChD Massie Unit (Adults) (Residential Treatment)**

Phone: 301-777-2285

**WMHS Behavioral Health Unit (Adult Crisis Beds for individuals with Opioid Disorders)**

**Translation Services, Deaf Interpretation**

Phone: 240-964-1399

### Halfway House

**Allegany House (Adults with Opioid Disorders)**

**Translation Services, Deaf Interpretation**

301-777-2479

### Other:

Alcoholics Anonymous & Al-Anon 301-722-6110

Narcotics Anonymous 800-777-1515

Boys Town National Hotline: 800-448-3000

**Behavioral Health System's Office**  
A Division of the Allegany County Health Department  
PO Box 1745  
12501 Willowbrook Road, SE  
Cumberland, MD 21501-1745

Telephone: 301-759-5070 Fax: 301-777-5621

Email: [achd.bhso@maryland.gov](mailto:achd.bhso@maryland.gov)

Website:

<https://health.maryland.gov/allegany/Pages/BHSO.aspx>

### Other Resources:

**Community Resource Guide:**

<http://www.ci.cumberland.md.us/DocumentCenter/View/1807/Community-Resource-Guide-2017-1pdf>

### Other Websites with Behavioral Health Info:

**BeforeItsTooLate.Maryland.gov**

**PrescribeChangeAllegany.org**

**StartYourRecovery.org**

### **Allegany County Health Department Non-Discrimination Statement**

The Allegany County Health Department complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, or disability in its health programs and activities.

**English** - Help is available in your language: 1-866-909-9629 (TTY: 1-800-735-2258). These services are available for free.

**Español/Spanish**—Hay ayuda disponible en su idioma: 1-866-909-9629 (TTY: 1-800-735-2258). Estos servicios están disponibles gratis.

**中文/Chinese**—用您的语言为您提供帮助: 1-866-909-9629 (TTY: 1-800-735-2258)。这些服务都是免费的

## Allegany County Maryland



## Behavioral Health Resources

**Western Maryland Health System  
Crisis Line**

240-964-1399

**Maryland Crisis Connect**

Telephone: 211, press 1 or

800-422-0009

Text your zip code to 898-211

Chat at [MDCrisisConnect.org](http://MDCrisisConnect.org)

**National Suicide Prevention Lifeline**

1-800-273-TALK

# Mental Health Services

## Outpatient Mental Health Centers (All Ages)

**Allegany Co. Health Department Behavioral Health Translation Services, Deaf Interpretation**  
12503 Willowbrook Road, SE, Cumberland, MD 21501  
Phone: 301-759-5280

**Committed to Change (All Ages)**  
200 Glenn Street, Suite 301, Cumberland, MD 21502  
Phone: 240-580-1919

**Pressley Ridge of Western MD (All Ages)**  
**Bilingual & Deaf Interpretation through other sites**  
327 Beall Street, Cumberland, MD 21502  
Phone: 301-724-8413

**Villa Maria of Mountain Maryland (All Ages)**  
308 Virginia Avenue, Cumberland, MD 21502  
Phone: 667-600-2110

**WMHS Behavioral Health Program (Adults)**  
**Translation Services, Deaf Interpretation**  
12502 Willowbrook Road, Cumberland, MD 21502  
Phone: 240-964-8585

**Inpatient/Residential Crisis Services (Adults)**  
**Western Maryland Regional Medical Center**  
**Translation Services, Deaf Interpretation**  
12502 Willowbrook Road,  
Cumberland, MD 21502

**Compass House Residential Crisis Services (Adults)**  
**Deaf Interpretation**  
418 Warwick Ave. Cumberland, MD 21502  
Phone: 240-362-7082

**Psychiatric Rehabilitation Programs**  
**Archway Station, Inc. (All Ages)**  
**Translation Services Available**  
45 Queen Street, Cumberland, MD 21502  
Phone: 301-777-1700

**BACHS Healthcare (All Ages)**  
517 E. Oldtown Road, Cumberland, MD 21502  
Phone: 301-777-9600

**Committed to Change (All Ages)**  
200 Glenn Street, Suite 301, Cumberland, MD 21502  
Phone: 240-580-1919

**Villa Maria of Mountain Maryland (All Ages)**  
308 Virginia Avenue, Cumberland, MD 21502  
Phone: 667-600-2110

## Other Outpatient Providers

### Group Providers

**Allegany Behavioral Associates (All Ages)**  
11602 Bedford Road, Cumberland, MD 21502  
Phone: 240-362-7077

**Aspen Wellness Center (All Ages)**  
217 Glenn Street, Cumberland, MD 21502  
Phone: 240-362-7439

**BACHS Healthcare (All Ages)**  
517 E. Oldtown Road, Cumberland, MD 21502  
Phone: 301-777-9600

**Chapman and Associates (All Ages)**  
922 National Highway, LaVale, MD 21502  
Phone: 240-362-7294

**Covenant Counseling (All Ages)**  
907 Seton Drive, Cumberland, MD 21502  
Phone: 301-777-0633

**Lewis Center (Adults)**  
111 S. George Street, Cumberland, MD 21502  
Phone: 301-759-2813

**Potomac Behavioral and Occupational Therapy (All Ages)**  
249 Henderson Avenue, Cumberland, MD 21502  
Phone: 240-362-7444

### Individual Providers

**Allegany Counseling and Consulting Services (All Ages)**  
36 Greene Street Suite 101, Cumberland, MD 21502  
Phone: 301-724-1697

**Davis Dayhoff (All Ages)**  
7 Market Street, Cumberland, MD 21502-2214  
Phone: 301759-3360

**Bruce Liller, LCPC (All Ages)**  
153 N. Baltimore Street, Third Floor, Suite 1,  
Cumberland, MD 21502  
Phone: 301-759-2852

**Robert Lynn, M.D. (All Ages)**  
134 Baltimore Street, Cumberland, MD 21502  
Phone: 301-777-0620

**Helen Miller, LCPC (All Ages)**  
153 N. Baltimore Street  
Third Floor, Suite 1, Cumberland, MD 21502  
Phone: 301-724-4081

**James E. Miller, Ph.D. (All Ages)**  
153 N. Baltimore Street  
Third Floor, Suite 1, Cumberland, MD 21502  
Phone: 301-724-4081

**Monarch Counseling, LLC (All Ages)**  
Registered play therapist/Certified trauma therapist  
6 Fayette Street, Cumberland, MD 21502  
Phone: 301-268-1699

**Seth Ramer, LCSW-C (All Ages)**  
**French/German**  
1100 Industrial Boulevard, Cumberland, MD 21502  
Phone: 301-895-3117

**Debra Schaaf Ph.D. (All Ages)**  
7 Washington Street, Suite 2  
Cumberland, MD 21502  
Phone: 301-724-5544

**Serenity Counseling Services/Donna Rice (All Ages)**  
118 Valley Street, Cumberland, MD 21502  
Phone: 301-722-5500

## Mental Health Case Management

**Archway Station, Inc. (Adults )**  
**Translation Services Available**  
121 Memorial Avenue, Cumberland, MD 21502  
Phone: 301-724-2582 X5

**Pressley Ridge of Western MD (Children)**  
327 Beall Street, Cumberland, MD 21502  
Phone: 301-724-8413

## Wellness and Recovery Center

**Hope Station, Inc. (Adults)**  
632 N. Centre Street, Cumberland, MD 21502  
Phone: 240-362-7168

## Supported Employment

**Positive Transitions (Adults)**  
31 Baltimore St, Cumberland, MD 21502  
Phone: 240-580-4565

**Way Station, Inc. (Adults)**  
121 Memorial Avenue, Cumberland, MD 21502  
Phone: 240-520-2078

## Mental Health First Aid Courses

For more information about mental health or to attend a Mental Health First Aid Course near you, contact the Behavioral Health System's Office

